

The BrookLodge & Wells Spa

what's been happening...



November saw **The Strawberry Tree Restaurant** become the first restaurant in Ireland to receive full Organic Certification. So what does that mean?

Yes to: Natural ingredients, healthy soil, genetic diversity, natural landscape and habitats.

No to: Pesticides, herbicides, GMO's irradiation, fumigation, synthetic additives and artificial chemical fertilizers.



The Wells Spa recently opened Double Treatment Rooms whereby you can lie side-by-side with your partner or friend and be pampered together.



And of course we still have the favourites...including the "Serail" Mud Baths, Hammam Massage Room, Flotation Room, Thalassotherapy Bath, Hot Tub, Heated Loungers, Decleor & Carita Face and Body Treatments, not to mention Aroma Steam Room and Sauna and unique indoor-to-outdoor swimming pool.



Macreddin Village Equestrian Stables have recently installed floodlights in the outdoor arena, so you can now have lessons with Mark Walsh right up until 8pm.



Rudy, our famous Golden Retriever, has got a new friend, called Lily.



This **Christmas** was a very special one, with everyone arriving on Christmas Eve and staying until December 27th. It was our first white Christmas and a morning dip in the outdoor hot tub was enjoyed by many.

what's coming...



Valentine's is for lovers, so instead of sitting in a packed restaurant on Valentine's night, paying for an overpriced menu and getting hurried out the door, why not hop down to the BrookLodge & Wells Spa on any of the nights from the 13th to the 17th of February for a night of loving. We have a selection of hot packages at special discount prices

You can avail of Dinner, Bed & Breakfast for a special price of just **€ 125 pps** or include an intimate Serail Mud Bath for 2 at a cost of **€ 160 pps** or have D, B&B and an hour's treatment each, side-by-side, in one of our double treatment rooms for only **€ 195 pps**.

TAO CLOTHING are opening shortly at The Store Rooms in Macreddin Village. They'll be stocking a wide range of one-off designs and exclusive labels such as Save the Queen, Rene Lezard, Paper Denim & Cloth, Zuccherro and The Unicorn Design (certified organic clothing).



MACREDDIN VILLAGE ORGANIC MARKET, the original Food Market, returns on Sunday, March 06th, and as usual will be on the first Sunday of every month until October 2005.

and final l y...



We have amazing special offers on our website www.brooklodge.com

We are offering **33% off** our B&B rate on most midweek stays between now and the end of February, and that includes Sunday nights. This discount applies to both standard rooms and suites. So for a standard room our rate goes down to **€ 58.50 pps** and for our spectacular mezzanine suites, the rate goes from down to **€ 90pps**. We are also offering **15% off** pre-booked treatments on the same dates. (Applies to most Sun-Thur nights until February 28th, excluding Valentine's week i.e. the 13th-17th of February, and is subject to availability. Cannot be used in conjunction with any other offer).

We will be resuming our last minute special offers on our website from March 01st on.

Brooklodge and Wells Spa Vouchers make perfect **Valentine's** and **Mother's Day** presents, and are available instantly on-line at www.brooklodge.com or contact us on: **0402 36444**