



**Tailored specifically for you to ensure
A Safe Visit
And an Enjoyable, Relaxing Experience
At The Wells Spa**

Eastern Opulence Uplifting Body Exfoliation – 60 Minutes, €95

This treatment begins with a gentle body exfoliation using salt packed with vitamins and minerals blended with Ylang Ylang & Palmarosa. Continue this full body experience with a light pressure relaxing body experience using Flourish Organics Eastern Opulence Massage Oil. Allow your skin to look and feel rejuvenated with this deeply mindful treatment.

BABOR Beautiful Back Treatment – 60 Minutes, €95

Bring your back on a rejuvenating journey with this Organic Treatment. Enjoy a gentle back polish to remove any dead skin cells followed by a nourishing back mask to refresh the skin. While this mask takes effect, reap the relaxing benefits of a scalp massage to encourage deep relaxation.

Calming Foot and Scalp Therapy – 60 Minutes – €90

Enjoy a deeply relaxing scalp massage either dry or with a nourishing warm oil to ease tension in the head and eyes as well as stimulating hair follicles to encourage strong hair growth. Restore tired and achy legs with a soothing lower leg and foot massage.

Flourish Full Body Massage – 60 Minutes – €95

A luxurious way to eliminate fluid retention. Immerse yourself in deep relaxation. The most relaxing of sweeping light massage strokes with an emphasis on lymphatic drainage. Your therapist will bring you on a sensory journey to choose your desired oil with a choice between Divinity, Rebalance or Muscle Ease. This range of chakra oils use an exclusive blend of aromatherapy to aid chakra healing and all the conditions and ailments associated with an imbalance in the chakra system.

Hot Stone Full Leg & Foot Massage – 60 Minutes, €90

Commencing with a full leg scrub followed by the healing benefits of heated volcanic hot stones which will eliminate any tension that you may hold in your lower legs. Finishing with a relaxing and restful foot massage, this leg and foot treatment will leave you feeling light and energetic.

An Uplifting Back Exfoliation – 30 Minutes, €55

This treatment is personally designed to remove any dead skin cells, increase blood circulation and leave your skin feeling soft and supple. A decadent Flourish Organics body scrub packed full of lime, grapefruit and peach kernels will gently remove any dead skin from your back ensuring that your skin is left feeling smooth and vibrant. The lime and grapefruit natural scent will ensure you leave the treatment feeling uplifted and refreshed.

A Hydrating & Cleansing Back Treatment – 30 Minutes, €60

Enjoy a deep cleansing and hydrating back treatment for that hard to reach area. Includes deep pore cleansing, relaxing massage and a hydrating application to finish, for a therapeutic as well as relaxing treatment.

A Pressure Point Foot Massage – 30 Minutes, €55

This treatment is the perfect introduction to reflexology; working on your feet, this specialised taster treatment focuses on pressure points which represent various organs and structures within the body. Each main organ of your body will be stimulated through gentle touch of your feet, releasing tension and acting as a mini detoxifying treatment for both your body and mind.

Scalp & Shoulder Massage – 30 Minutes, €55

This treatment relieves tension and stress that builds up around the neck and shoulder area that causes overall discomfort. Focusing on the head, neck and shoulders, will stimulate the nervous system; increasing blood flow to the head and easing stress through the release of endorphins. Which in turn, helps in relieving pain.

Anti-Fatigue Leg Treatment – 30 Minutes, €50

A truly relaxing leg treatment to ease fatigue, heavy, tired legs and boost poor circulation. Enjoy warm oils applied with massage and lymphatic drainage techniques finishing with the application of some refreshing peppermint foot cream.

Immune System Booster Back Massage – 30 Minutes, €50

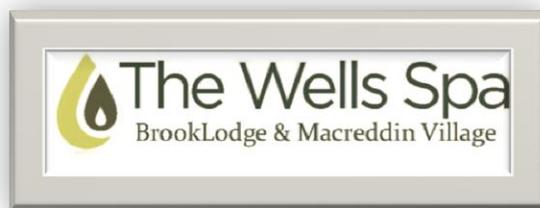
Restore inner peace and harmony through the power of this specifically designed back massage. Precisely designed for boosting the immune system this massage uses Flourish Organic Muscle Ease Oil packed with Chamomile and Benzoin. These ingredients stimulate the production of white blood cells, fight infection and fortify the immune system while also rejuvenating the body and easing respiratory disorders.

Private Serail Mud Chamber for 2 people – 30 Minutes, €45

The perfect treatment to share with your loved one as you apply a therapeutic cleansing mud to each other in our private steam room. This is a deeply detoxifying treatment that will cleanse the skin of the body deep down. This luxurious treatment leaves you both feeling at ease both physically and mentally. This is the perfect treatment to have before any of our massages as it leaves the skin fresh, supple and ready to relax.

The Wells Spa Signature Foot Treatment – 30 Minutes, €50

Beginning with a foot cleanse, this treatment will give your feet the treat they deserve. A foot scrub, followed by a personally tailored foot massage will ease any tension or stress being carried in your lower limbs. A generous application of Flourish Organics Peppermint and Tea-tree Lotion will cool and refresh your lower legs leaving you feeling like you are walking on air.



The Wells Spa

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