



Organic Spa & Wellness BREATHE - INMERSE – RENEW Time Invested in You

At The Wells Spa we believe in wellness that works in harmony with nature. Our treatments are created using carefully selected organic and sustainably sourced products, that reflect our commitment to purity, sustainability, and results. Each treatment is tailored to the individual needs of our guests, whether you seek relaxation, restoration, or simply a moment of quiet escape. This is not just a place to visit, but a place to pause, breathe, and restore.

Begin all your journeys with a one-hour access to our Thermal Suite.

← The Wells Spa Signature Treatments →

Holistic Energy Healing – 50 mins / €110

ILA Tibetan Back Massage which balances the five elements to restore a harmonious flow of energy and vitality. Followed by a Flourish Organics Facial. This healing therapy using a combination of the Botanical & Aromatical blends of ILA & Flourish, to regenerate skin, improve circulation and balance core energy.

The Longevity Ritual – 1 hour 50 min / €200

Begin this ritual with a purifying body exfoliation, enriched with nourishing oils & lotions that hydrate and replenish the skin, leaving it silky smooth, revitalised & renewed. Then a soothing VOYA body moisturiser is applied. While this absorbs deeply into the skin, relax and enjoy our Voya Signature Facial, combining a mix of seaweed and botanical ingredients that helps to stimulate collagen production and reduce the appearance of fine lines and wrinkles.

The Detox Ritual - 1 hour 50 min / €195

Your journey to detox the body begins with a gentle body brush for exfoliation & lymphatic drainage. Then be wrapped in our VOYA Organic Warm Spiced Mud, a powerful detoxifying mask. While the mud absorbing into your skin enjoy a gentle scalp massage. Finish this detox ritual with a full body massage, using a restorative blend of essential oils.

Five Elements Ritual - 1 hour 50 min / €185

A Tibetan Full Body Massage Ritual by Ila, balances the five elements to restore a harmonious flow of energy and vitality. Aerial & energetic movements with acupressure techniques help release physical and mental tension, whilst warm crystals bring harmony. Finishing this ritual a signature Flourish Organic Facial and a head massage bring nourishment and regeneration from the tips of the toes, to the crown of the head.

🌿 Massages 🌿

The Wells Wellbeing Massage - 50 Min / €110

The Wells full body relaxation massage with aromatherapy oils relieving tension build up throughout the body. This treatment is recommended for those affected by stress in mind and body. This treatment will leave you feeling relaxed and rejuvenated using light to medium pressure.

The Wells Back Massage – 25 Min / €60

Flourish Aromatherapy Massage – 25 min / €60 - 50 min / €115

A fully personalized massage experience designed to address your specific needs. Your therapist will intuitively adjust techniques and aromatherapy blends to create the perfect balance of relaxation and rejuvenation. Whether you seek tension relief, stress reduction or complete mind-body harmony, this treatment delivers profound results. This treatment leaves you feeling deeply restored with muscles eased and senses renewed.

Cryo Revive Ritual – 75 min / €160

Experience the ultimate relief and rejuvenation with our VOYA Cryo-Revive ritual, designed to ease muscle tension, reduce inflammation while boosting energy and vitality. This luxurious treatment combines warming and cooling techniques, harnessing the power of carefully selected products to deliver a soothing yet invigorating full body experience. Designed for those with an active outdoor lifestyle.

Hot Stone Massage – 75 min / €140

A rhythmic style massage using heated volcanic stones to give warmth to tired and tense muscles. This treatment promotes sleep and relaxation with natural warming properties giving you an aromatic journey for your mind, body, and soul.

VOYA Organic Recovery Massage - 50 mins / €120

A rhythmic pressure massage that alleviates stress eases aching muscles and revives the senses. Your skin is energised by deep infusion of VOYA organic seaweed oil prescribed to target individual needs and reduce stress and muscle tension.

VOYA Organic Back Treatment 50 min / €105

VOYA Organic Back Treatment Specifically designed to bring purity and balance to the skin on the back, this will focus on cleansing and skin exfoliation, followed by a mask treatment. While the mask is absorbing deeply into the skin, enjoy a leg massage. Final relax & melt away with a 25min back massage.

VOYA Organic Full Body Hot Oil Massage – 50 min / €120

This treatment uses specifically designed oils from VOYA that magically melts away any stress allowing for a very relaxed and balanced feeling. The use of our ginger & sweet orange essential oil, which is luxuriously smothered all over the body to melt away the cares of the world.

Stress & Sleep Massage



The Wells Scalp, Neck & Shoulder Massage – 25 min / €60

This treatment relieves tension and stress that builds up around the neck and shoulder area that causes overall discomfort. Focusing on the head, neck and shoulders will stimulate the nervous system, increasing blood flow to the head and easing stress through the release of endorphins.

Ila CBD Kundalini Calm – 50 min / €115

This deeply soothing back & leg body treatment by Ila will increase your energy by awakening the dormant energy in the base of your spine known as Kundalini. Ideal for emotionally exhausted souls, this treatment combined with anti-inflammatory effects of the CBD Healing Balm has an extraordinarily restorative effect nervous system. The healing power of crystal helps tension to be lifted, negativity is released, and body is brought back to a state of awareness and balance.

Beat The Blues Back - 50 min / €115

When you are feeling emotionally drained and experiencing stress in your neck, shoulders, and upper body area, this back & scalp therapy, will provide deep relaxation. Depart feeling tension-free, balanced, and empowered.

VOYA Voyager Massage Journey – 80 min / €145

This amazing experience uses body brushing, full body massage and scalp & face massage combining both gentle and stimulating movements to release tension, promote deep relaxation and relieve aches and pains. Tailored to individual needs.

Choose 1 of 3 oils for your journey:

- Uplift - Angelicus Serratus – Citrus, sea ingredients & rose-hip evening primrose
- Relax - Mindful Dreams- Evening primrose, argan oils, Lavender oil & rosemary oil
- Muscle Relief – Synergise - Ginger, evening primrose, rose-hip, seaweed extract & sweet orange

Body Detox & Cleanse



VOYA Glow, Seaweed Body Scrub - 50 min / €85

This invigorating all over body exfoliation refines skin texture and increases the skins natural glow. Increases circulation and aid absorption of the potent seaweed nutrients. Choose A Scrubs: • Lavender & Rosemary • Peppermint • Lavender & Orange • Ginger & Sweet Orange

Organic Warm Spice & Ocean Cleansing Body Wrap - 50 min / €110

This treatment begins with a gentle body brush for exfoliation & lymphatic drainage. VOYA's Warm Spiced Mud wrap is applied, which is rich in potent anti-oxidants and minerals. A detoxifier and a natural anti-ageing boost. As this absorbs deeply enjoy a soothing scalp massage, finishing with VOYA's Softly Does It, hydration lotion. *Add Sugar Glow Scrub 25 mins €50*

VOYA's Seaweed Body Buff - 50 mins / €100

An invigorating body scrub with VOYA's Bladder Wack, the ultimate treat for tired & dull skin. An ancient Irish healing product with its antioxidants from mineral-rich seaweed combined with Voya's signature body oils to offer a powerfully organic way to revive your skin to its natural glow.

The Wells Body Ritual - 50 min / €120

Enjoy a vigorous Flourish Organics aromatherapy exfoliation with its nourishing benefits. Then be wrapped in a VOYA Buoyance Butter, as you relax & allowing this absorb deeply into your skin, finish this ritual off with a soothing scalp & neck massage.



➤ The Wells Spa Facial Therapies ◀

Voya Organic Discovery Facial - 25 min / €60 - 50 min / €120

This incredible tailored facial is deeply detoxifying, hydrating thoroughly revitalising and helps to even skin tone and increase clarity. Allow your VOYA trained therapist to tailor your facial specifically to your skin's unique needs.

Choose 1 of 3 facials for your journey:

- Purifying Facial (Oily/ Combination Skin)
- Ultra-Calming Facial (Sensitive Skin)
- Intensive Hydra Veil (Dry Skin)

FLOURISH Organic Glowing Radiance Facial - 25 min / €60 – 50 min / €120

Radiant glowing results make this luxurious facial ideal for dry, fatigued complexions. A deep cleanse with Jojoba Bead Polish and decadent Jasmine Mask combined with lymphatic drainage it brightens, smooths, tones and creates an energetic lift so you emerge feeling and looking radiant.

VOYA Organic Seaweed Marine Eye Treatment - 25 min / €60

This firming, hydrating treatment uses products rich in seaweed extract, green tea and vitamin C, to help reduce the appearance of fine lines and decongests the eye area. Using organic Laminaria Digitata seaweed eye compresses to refresh and rejuvenate tired eyes.

➤ Longevity & Anti-Ageing Facials ◀

VOYA Anti-Ageing Restorative Facial - 75 min / €155

This intensive facial, particularly good for sensitive, maturing, dry or dehydrated skin. Using VOYA's finest organic ingredients combined with anti-oxidant algae complexes and a restorative blend of aromatherapy oils. It is this mix of seaweed and botanical ingredients that helps to stimulate collagen production and reduce the appearance of fine lines and wrinkles. While fresh leaves of Wild Atlantic seaweed are placed over a richly blended face mask enjoy a beautiful arm & hand massage followed by a relaxing, scalp neck & shoulder massage.

Deluxe Facial Experience – 1 hour 50 min / €195

The ultimate VOYA experience, this treatment allows guests to experience the best of what VOYA has to offer. Begin with a back body brush & the Voyager tension melting back massage. This is followed by all the skin restoring power of VOYA's Anti-Ageing Facial.

➤ Mom's To Be ◀

We have carefully curated a collection of treatments designed to support and nurture both mothers-to-be and those in postnatal recovery. Each experience is tailored to promote deep relaxation, comfort, and gentle restoration during this special time. All our treatments include access to our thermal suit, but for expectant mothers, we recommend use of the pool only.

Kindly note that treatments can only be offered from the second trimester onwards for your safety and wellbeing.

The Wells Anti-Fatigue Leg Treatment - 30 mins / €60

It is a truly relaxing leg treatment that will ease fatigue, heavy and tired legs boosting poor circulation. Start your journey with a leg & foot exfoliation. Enjoy warm oils applied with massage and lymphatic drainage techniques finishing with the application of deeply nourishing creams.

VOYA Organic Restore to Balance Postnatal Ritual - 50 mins / €120

This body and face treatment for new moms will focus on those areas which need extra care after birth to soothe muscular aches and help in healing the skin back to balance. It commences with a back, neck and shoulder massage and it is followed by a relaxing foot and lower leg massage and a skin rejuvenating facial.

Babymoon - 50 mins / €130

Take a moment to nurture yourself before welcoming your new arrival. Choose one of our 50 min signature Mother to Be treatments, designed to support comfort, relaxation, and wellbeing during pregnancy. Following your treatment, unwind in our relaxation room with a homemade Apple & Wild Elderflower Mocktail. As a special gift, enjoy a 100ml Flourish Organic Mother-to-Be Oil to take home.

The Wells Pregnancy Facial – 25 min / €60 or 50 min / €120

The Wells Pregnancy Massage – 25 min / €60 or 50 min / €120



For Him



VOYA Organic Intense Defense for Men Facial - 50 mins / €105

Exclusively created for men's specific skincare needs, this treatment exfoliates the skin, allowing for a deeper cleanse. The treatment is followed by a face and scalp massage, using VOYA Mermaid's Purse mask to soothe even the most sensitive of skin, leaving your skin hydrated and fresh. Fantastic for those effected by shaving rash, razor burn and prone to ingrown hairs.



VOYA Organic Back Treatment - 50 mins / €105

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The Performance Recovery - Cyro Revive Ritual – 75 min - €160

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Couples & Get Togethers



Couples Ritual - 2 hours 45 min / €160 per person

Serail Mud Chamber For Two. – The perfect treatment to share with your loved one. This non-therapist treatment starts with an invigorating Flourish Organics scrub followed by the application of a deep cleansing Rasul Mud which you apply to each other & relax in your own private steam room and let the Mud and all its detoxifying properties do its work.

Once you have showered the mud off, you will then be taken to our couple's treatment room where you will receive a 25min back massage & a 25min facial, or one 50 min treatment with our Flourish Organic products.

After your treatments relax with a glass of Prosecco or Non-Prosecco in our relaxation room.

VOYA Organic Full Body Hot Oil Massage – 50 min / €120 per person

This treatment uses specifically designed oil from VOYA that magically melts away any stress allowing for a very sensual wellbeing feeling. Relaxing together in our double treatment room while ginger & sweet orange essential oils are luxuriously smothered all over the body to melt away the cares of the world allowing for a restful night's sleep.

Just The Two Of Us – 80 min / €160 per person

Find your inner calm with this relaxing aromatic massage, prioritizing the mind and body using a specifically selected blend of Flourish Organic Oils, tailored specially for you followed by a nourishing Flourish Organics facial. All in comfort of our couple's treatment room.

Girls Get Together – 1 hour 50 min / €150 per person

A perfect way for a girly catch-up & a pamper. Choose from one of our 50-minute treatments below. After relaxing in our chill-out room, join us in The Spa Gallery for a cosmopolitan cocktail & a shared charcuterie platter.

Choose a treatment:

- VOYA Self Discovery Facial
- Body Exfoliation & Scalp Massage
- Body Wrap & Scalp Massage

Non-Therapist Treatments at The Wells Spa

Serail Mud Chamber - 1 hour / €85 for Two or €55 for One

This is the perfect treatment to share with your loved one or on your own. This non-therapist treatment starts with polishing your body with an invigorating scrub followed by the application of a deep cleansing mud which you apply to each other. You will then enter your own private aromatic steam room and let the mud and all its detoxifying properties do its work.

Dry flotation Floating - 30 mins / €40

In the soft embrace of a dry membrane that lets all your troubles float away with a feeling of weightlessness while keeping you totally dry. The body feels completely weightless, simulating zero-gravity aiding in a thorough night's sleep and easing any muscular aches and pains while promoting a calm mind and sense of wellbeing.

Fancy lunch before or after your treatment?

A two-course lunch can be added to any treatment or package for just €22 per person.

Enjoy your lunch in the relaxed surroundings of our Spa Gallery, where you can sit back in your fluffy robe and slippers and let us take care of you. Alternatively, we would be delighted to reserve a table for you in The Waterside Lounge.

Additional food and drink options are also available, including charcuterie boards, cocktails and Prosecco. Just ask, and we will be happy to send you, our menus.

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